### **Behaviour Policy**

#### **Policy Statement**

St Paul's Trust recognises that children thrive best when they know how they are expected to behave and should be free to learn, play and enjoy themselves without fear of being hurt or unfairly restricted by anyone else.

A positive and consistent approach is taken towards managing behaviour with a commitment to providing a caring, happy and safe environment that promotes positive behaviour and is inclusive of all children.

Staff will receive training and support to manage and understand children's behaviour within our Early Years and Primary Services settings.

Children are encouraged to take increasing responsibility for themselves and their actions, to respect and care for themselves, to develop empathy towards the well-being of others and to look after the environment in line with British Values. This is further encouraged through a system of rewards and sanctions

With support from staff, children can develop positive relationships with others and learn to resolve conflict successfully

It is our priority to understand the reason for a child's behaviour and it is recognised that problems of behaviour are often a product of a complex interaction, between the child, the setting, the family, the community and the wider society. Good parent partnership is central to working effectively with all children.

It is important to recognise the children's age and stage with regards to behaviour management. In addition, the environment and structure of the day is important and must not be underestimated; therefore these areas are monitored and evaluated continuously.

All persons involved in behaviour management (pupils, staff and parents) have the right to have their views and feelings taken into account at all times.

## Environment, routines and boundaries

We organise the learning environment so that it has a positive impact on behaviour in terms of space, access, choice and routine. Routines within the setting are consistent to ensure that children feel confident and secure.

We establish clear expectations and boundaries for behaviour, appropriate to the children's level of understanding.

Children are encouraged to care for their environment by treating equipment appropriately, tidying and helping at lunch times. This is supported through planned activities and routines to encourage sharing, negotiation and cooperation.

#### Promoting positive behaviour

Adults within the setting model positive behaviours through their actions and words in all situations and contexts.

Children's self-esteem is developed by enabling them to be successful, treated as individuals, listened to and taken seriously.

We encourage appropriate behaviour in all interactions with children and staff and show that positive behaviour is valued and rewarded through a variety of ways such as encouragement and praise, stickers, certificates and reporting positive feedback to parents.

The praise that is given to children relates specifically to the behaviour or the action rather than the child. For example "good listening" rather than "good girl/boy".

We discuss with children what is acceptable behaviour, encouraging positive behaviour through play, learning activities and routines using a variety of ageappropriate methods and tools.

#### Expectations of adults in the setting are:

To understand children and their developmental stages

To be simple and direct and give children time to respond

To show understanding and to listen to the child

To be consistent

To set clear boundaries

To model positive behaviour

To encourage and reward positive behaviour

To develop knowledge of the child and possible triggers

To work with parents/carers to develop shared strategies

To develop knowledge of different strategies and ways of managing behaviour

To give children the opportunity resolve conflicts by themselves

To remain calm and assess all incidents to ensure that the whole situation is understood as fully as possible.

To recognise own emotional state.

#### Dealing with negative behaviour

Inappropriate behaviour is discouraged. We consider inappropriate behaviour to be bullying, racism, homophobia, violence, inappropriate language, rudeness and damage to equipment. It is important to recognise the impact of children's negative behaviour on the child and others around them.

Staff are trained to deal with situations and resolve them quickly and positively in ways appropriate to the child's level of understanding, intervening at the earliest stage and involving parents where possible.

Where appropriate, children are given a clear and concise explanation as to why the behaviour is unacceptable.

We identify and implement strategies according to the child's understanding and needs that discourage negative behaviour. This may be to refocus the child's attention or a reminder of positive behaviour that is expected.

Children consistently displaying unacceptable behaviour at any time will be removed from the immediate situation for a short period of time, following the settings "thinking time".

We reinforce that it is the behaviour that is unacceptable and not the individual through our language and actions when dealing with the incident and after.

Children are supported to resolve conflicts and encouraged to develop assertive strategies to challenge the negative behaviour of others.

Within preschool, circle times and group times provide an opportunity to talk about appropriate behaviours, sanctions and ways of dealing with our emotions.

All significant incidents relating to behaviour are recorded on an Antecedent, Behaviours and Consequences (ABC) form, to identify any triggers and assess whether strategies used are appropriate. Parents will be informed of these incidents.

Children may be supported with an Individual Behaviour Plan and where needed, external agencies will be involved. Serious incidences such as bullying, violence, homophobia, and racism will be recorded separately on an incident report form and parents will be informed as soon as possible.

Ongoing behavioural concerns will need a multi-agency approach and staff will follow the guidance in the Right Help Right Time document.

# Thinking time

Thinking time should only be used if a child has done something unacceptable, it is important that the whole circumstance has been observed and understood.

Thinking time should mainly be used to calm a stressful situation and provide opportunity to calm down and think using the following guidance:

- 1. Warning given that child will be asked to leave the activity, with a clear, age appropriate explanation.
- 2. If behaviour continues child should asked to leave or be removed from the activity with a clear, age appropriate explanation.
- 3. Should behaviour continue child should be given a thinking time warning with a clear, age appropriate explanation.
- 4. If behaviour continues, thinking time should be implemented with a clear, age appropriate explanation. This should be in a safe and secure area and with a member of staff to allow child to calm down and think about what they have done
- 5. Child should be invited back to play, praised for listening and if appropriate asked if they want to apologise. An apology however should never be insisted on.

It is important that the approach to thinking time is consistently used, however flexibility is also needed with regard to the development and understanding of individual children and with regard to behaviour.

Where removal from activity or thinking time results in a tantrum, the child should be given opportunity in a safe environment to calm down. Their anger should be acknowledged and time given to talk and listen.

## Physical Intervention

Physical intervention will only be used to prevent children from causing harm to themselves, to others of serious damage to property. All such incidents are recorded by staff and reported to parents on the same day. Physical punishment or any punishment which could have an adverse impact on the child's well-being is never used or threatened

Staff will receive training and support with regards to physical intervention.

**Reviewed March 2020**