



**St. Paul's Community
Development Trust**

IMPACT REPORT

2019-20

Working for the Community!



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Message from the Chief Executive

Hello, and welcome to St Paul's Community Development Trust Impact Report 2019/20.

Due of the Coronavirus pandemic, this year's report is shorter than usual. This is because all of our resources have been focused on making sure we stay connected to the children and families we work with and we have worked hard to make sure that our buildings and grounds remain safe to welcome back as many activities as possible during what remains a difficult time for us all.

However, we think it is important – even in challenging times, to give you a flavour of the amazing work that has been achieved across the organisation. The two key areas of our focus have been to continue to enable children to get the best possible start in life and we have developed some new approaches to help grow relationships with older people living in our community. It has been wonderful to see that happening with the use of our highly regarded city farm, where a combination of the outdoors and our furry friends have helped shape new and hopefully long-lasting friendships.

This past year has highlighted to us all the harmful effects that social isolation can have on people all ages and so at St Paul's we shall take these lessons forward and think about what we can offer in the future. Do let me know if you have suggestions on how your "new normal" might link to what we do to help keep Balsall Health and our wider neighbourhoods "positively post pandemic connected".

Finally, I wish to thank all of our staff for their continued dedication and commitment; our funders (public, private, and grant giving organisations) who without your financial support none of what we do would be possible, and of course the most important people - everyone that uses our services and your feedback to let us know how we are doing.

I hope you enjoy the read and as ever your feedback is welcomed.

Dave Cusack – Chief Executive Officer

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St Paul's Nursery

St Paul's Nursery is purpose built for children aged 3 months to 4 years old with bright and airy rooms, which encourage children's independence and autonomy of learning.

We had 87 children on role during the year. 30 children left over the summer as they started reception classes in over 15 different schools and 16 left to go to other nursery settings or places ended due to employment or the parent's training ending. The remaining children stayed on at Nursery for the following academic year. From September 2019 to March 2020 we have provided care and learning to 91 children. Occupancy levels varied with an average of 72%.

Below is a summary of the performance in the various developmental bands of the children who have left to start reception classes, and were working within at their final assessment in June 2019.

Age Band	PRIME AREAS			SPECIFIC AREAS			
	Personal Social Emotional	Communication & Language	Physical	Literacy	Maths	Understanding of the World	Expressive Arts & Design
8 - 20 months	3%	3%	3%		3%		
22 - 36 months		7%	3%	13%	17%	10%	10%
30 - 50 months	40%	30%	38%	53%	53%	53%	47%
40 - 60 months	57%	60%	57%	34%	27%	37%	43%

The nursery team have continued to develop ***"In the moment planning"***. The staff team have been trained to recognise the moments of teaching which occur naturally throughout the day. The benefits can be seen in the children's development in the prime areas and particularly with regards to meeting children's individual needs.

The author Anna Ephgrave, who has written books on this, was invited in February 2019 to come to the setting and deliver training to the staff team as a whole. We also invited staff from Children's Centre, St Barnabas and Chatterbox to join us.

In September 2019 a new Parent Finance System and Footsteps App was introduced, the system has meant that children's data is now in a central place and is secure.

"My son began attending St Paul's when he was 16-months-old. The settling period was child-led and it was obvious from the beginning that the staff care very deeply for the children under their care. A year later and my son absolutely loves his weekly nursery day. He has gained a lot from attending St Paul's, such as using cutlery with more skill, through his language development and, more recently, with potty training. The nursery grounds are lovely, with an onsite farm. I am so happy to know that my son is in the care of such kind and compassionate people!"



St Paul's School

We are a small independent school, that aims to meet the special educational needs of young people, aged 11 – 16 years, who experience social, emotional and mental health difficulties, many of them have experienced multiple changes of school and periods out of full-time education.

This year, our vocational curriculum has continued to develop to include many external partners as part of our provision, giving pupils a much wider variety of options and enabled them to experience working life in the real world which include: trades and construction, land-based studies, childcare, motor vehicle studies, animal care and living in the community whilst gaining evidence towards their final qualifications.

One aspect of our developing curriculum is an intergenerational project. Our school had the privilege of working with Sir Josiah Mason Trust (SJMT) building relationships with elderly people in Mason Court Care Home. It was a delight to watch friendships blossom, stories shared, games played and much laughter to help enrich lives. Pupils also had the opportunity to develop their skills in maintenance and catering whilst on site.

We are very grateful to Dave Healey and Zoe Richardson for the opportunity of our pupils to take part in a 'Dragon's Den'



style grant scheme where Jack and Jamie were asked to come up with their ideal career and what they would need to get themselves career ready. Our pupils spoke

very well, they were rewarded with the grant of £100 each! This has gone to enabling them to be career ready for September.

We also had the pleasure of working with Dallaglio Rugby Works and Wasps Rugby Club who facilitated a visit to BNP Parabis, Michelin and KPMG.



Pupils experienced learning about different companies whilst engaging in a variety of communication and skills building activities from building a tower out of marshmallows to guess the most expensive building! Pupils foresaw the potential of hard work and determination. Jamie learned tips on how he can improve presentation skills to engage audiences. This helped Jamie to present to SJMT for a £100 to help progress career opportunities.

Pupils played rugby with Gareth Shuttleworth and Aleki Lutui from Dallalegio Rugby Works which helped pupils develop communication skills, stamina and resilience. KPMG's Director and Head of Global Personal Development Programme for Athletes also visited to play rugby. This was followed by an invite to the company where pupils were welcomed with kindness.

"Thank you to SJMT for the grant to start my career and thank you to Mark Brown, KPMG for the presentation skills to help me with my confidence"



Overall Results

Functional English

Functional English Entry Level 3	95%
Functional English Level 1	91%

Functional Maths

Functional Maths Entry Level 1	100%
Functional Maths Entry level 2	100%
Functional Maths Entry Level 3	83%
Functional Maths Level 1	83%

Laser LEAP (Learning Employment and Progression)

Laser Level 1 Award	100%
Laser Level 1 Extended Award	100%
Laser Level 1 Certificate	50%

BTEC Sport

BTEC Sport Level 1 Award	100%
BTEC Sport Level 2 Award	100%

BTEC Work Skills

BTEC Work Skills Level 1	37%
BTEC Work Skills Level 2	100%

Catering

ROSPA Food safety and Hygiene for Catering Level 2	100%
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"We really do appreciate our relationship with St Paul's and today clearly demonstrated the mutual benefits to pupils and our residents. I personally really enjoyed meeting the two young people today and can see how valuable the partnership is"

David Healey CEO SJMT



St Paul's Children's Centre

St Paul's Children's Centre is now part of Birmingham Forward Steps (BFS), a pioneering Early Years, Health and Wellbeing initiative for all Birmingham children aged 0-5 and their families. The new service brings together a health visiting service and children's centres, so that families can access the help they need from pregnancy until their child starts school.

Between Apr 19 and Mar 20, St Paul's Children's Centre supported 1125 parents and children, many facing complex challenges, helping them to overcome these and move forward with their lives and thrive.

544 
Under 5's Supported

581 
Parents & Carers Supported

716 participants were consulted during the period and 94.7% (678) reported reporting a positive difference, showing an improving trend in confidence, skills and knowledge.

Early Year's Activities

- Early Years and Outreach Workers have completed their competencies and have started to support Health Visitors with their 12 month and 2-year-old developmental checks
- Holiday Kitchen ran during the summer period; 4 days a week, 4 hours a day for four weeks with a total of 238 participants taking part and benefiting from this activity
- 379 parents and children attended targeted Stay & Plays supported in sessions such as Baby Matters, Special Needs and School readiness

Health & Wellbeing Activities

- 121 families accessed Health Activities and learned about Weaning, Healthy Eating & Nutrition
- 91 parents and children attended Oral Health Sessions and learned about hidden sugars and brushing techniques
- 33 families have completed the HENRY (Health, Exercise & Nutrition for the Really Young) programme. It is a programme developed to help parents, their babies and young children have a healthy start in life and encourage the whole family to adopt a healthier lifestyle

Family Support Service

- The Children's Centre received 103 referrals for families and children requiring Early Intervention and family support from various agencies such as the Children's Trust, Midwives, Health Visitors, schools and nurseries. All referrals were allocated Family Support workers and Early Help Assessments were undertaken
- 10 Programmes of Pregnancy Matters, our antenatal support classes were delivered with 38 pregnant women attended and benefitted from them
- 31 women were supported in the 'Freedom Programme', with Domestic Violence support and a package of family support intervention was put into place. Feedback from the women has shown that women feel better about themselves, after completing the programme.



"The programme has really helped to protect my feelings and that I was never to blame. This was all power and control"

"I know that I am not on my own now. There is always help"



“

Zainab's Story

I was new in the country and was expecting my first baby. I did not have any family or friends so felt very lonely and isolated. I felt that I was at a dark place with nausea and other feelings which came with the pregnancy, I did not know what to do and how I would manage alone.

I was informed about Pregnancy Matters and booked myself to take the classes. I felt much better after attending the sessions, as it helped me to understand all about pregnancy. I learnt about how to prepare myself for birth, how to breastfeed and how to care for my baby after birth, which helped me to understand everything and relieve my anxieties. It helped me to make my birth plan and to decide what kind of birth and pain relief I will have, because of what I had learnt during the sessions, I managed to stay at home until later stage of labour and managed well at home. I am so happy that I contacted you and found you when I needed support.

I had a difficult birth however the breathing and relaxation techniques, which I learnt through the sessions, helped me to cope. I feel that I recovered well because you (Antenatal and Infant feeding worker) were calling me and counselling me when I needed it after birth. I went through baby blues after birth and again, because I learnt about it during the sessions, I was able to cope better.

I tried to breastfeed but I did not have much milk at the start so I started topping up with formula. I found breastfeeding painful but I was adamant to breastfeed, I am very glad that I did not give up. It took me about 3 months to establish breastfeeding. Then my daughter was diagnosed with eczema and that's when I stopped topping her up with formula completely and started exclusive breastfeeding. My husband has also been very supportive which helped. My daughter's eczema has reduced considerably.



“These antenatal classes helped me a lot to prepare me for birth and to breastfeed. My daughter is 9 months old and I am still exclusively breast feeding along with weaning.”

“I am so happy that I found you because I did not have any family of friends here. I was able to talk to you and share my pain, worries, anxieties and fear of giving birth.”

“Thank you very much for supporting me during and after birth, calling me after birth to check up on me and see how I was doing. It helped me to continue to breastfeed despite the difficulty and pain I had in the beginning”

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This details of the story has been changed to preserve anonymity and reproduced with consent obtained from the Parent. Stock imagery has been used, photo by Jonathan Borba from Pexels

St Paul's City Farm

'An inner-city oasis providing local families with access to animals that they otherwise might not see'

Well-Being Services

We went into partnership with 'The Active Well-being Society' (Theaws) this year enabling the farm to stay open for the community to enjoy. We also received a grant of £30,000 from the Masonic Charitable Foundation for a new two-year project called 'The Countrymen' and an additional £3,000 from the D'Oyly Carte. This is a club targeting isolated older men or men who have life limiting medical conditions. The men can enjoy gardening or helping with practical tasks on the farm and then enjoy a nice hot meal together. We also received a total £17,00 from 'Awards for All', The Bruce Wake Charitable Trust and The Rowlands Trust to build an accessible toilet on the farm and make improvements in our farm classroom.



We held a coffee morning for older people who joined together making a new group called 'The Sun-lighter's' who successfully applied for £2000 from the 'Ageing Better' fund to start a new Pottery club and healthy cooking & yoga sessions. The group continues to enjoy pottery and fund raise themselves to keep the club going by selling second-hand books at our community events.

Some of the Sun-lighter's also attend Hywel's gardening club on the farm and we launched a new Parent & Toddler group called 'The Tiny Farmers' who enjoy all things messy and feeding the animals.

We also ran a Well-Being Open day in partnership with MIND; the community enjoyed sessions of Qi Gong, Yoga, Massage, art & craft, nail art and could get information from different mental health organisations who had stalls.

waste food to provide healthy cooked meals on a 'pay as you feel' basis for the local community.

This year the farm had Corporate Social Responsibility Volunteers from Secure Trust Bank, Lear Corporation, HSBC and PWC to make improvements to the environment and help with various projects including the construction of a Mud Kitchen for the children to enjoy.

The Farm has 23 organisations like local schools and organisations that visited and we also hosted a few birthday parties.

The farm would like to thank all volunteers and work experience students who have supported events and the day to day running as well as the following donors B.H.L.H.S., Wehida Mulla, Joseph Chamberlain College (greenhouse and plant pots) and The Old Moseley Arms public house.



The following were some more notable events held during the year

- Visit from Minister of Sport and Civil Society
- Farm Spring Event
- Two of our lambs went to live at Becksid Care Farm (Beryl and Minnie)
- New “barn” for Farm, increasing storage space and freeing up stable for toilet conversion
- Summer fundraising event with National Citizenship Service
- Hosted Refugee Action consultation event, providing activities for families and children
- RHS Heart of England in Bloom “It’s Your Neighbourhood” Award: **Level 5 Outstanding**
- Attended Social and Therapeutic Horticulture Training at Thrive Battersea Park
- Prince’s Trust team won regional award at Villa Park for Farm garden project
- Attended “Gardens of Sanctuary” Training at Martineau Gardens
- Held Christmas event with Santa’s grotto and firework finale
- Attended Countrymen UK/Future Roots event near Bristol
- Channel 5’s Gadget show filming on Farm
- Attended Wellbeing event at Sturchley Baths
- Bake off in aid of Farm at Old Moseley Arms
- TAWS “Share shack” arrived on site



St Paul's Out of School Services

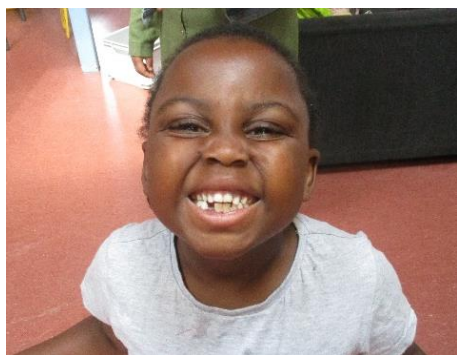
Our out of school services are run from the Venture building and surrounding play spaces outdoors on Malvern Street, children benefitting from being able to visit the city farm as well as have the freedom to choose how they play.

'The Nest' Out of School Club

We collect children from several local primary schools for parents who are either at work or studying. This year we added Anderton Park school to the list and overall, we had 57 children registered maintaining an average of 32 per children day during the term-time.

Playschemes

We were awarded a 1-year grant from 'Children in Need' this year to deliver holiday playschemes for disadvantaged children over the Summer and Easter holidays. We were further awarded funding to deliver a 'Happy Healthy Holiday' scheme over the summer enabling increased numbers of children to access free activities and food for four hours per day over 4 weeks. The children enjoyed sports & games, playing with friends, activities on the farm, art & craft and trips out. When the children arrived, they could have fresh fruit and snacks and then help in the kitchen to cook healthy meals that were shared by everyone at the end of the day.



We also received Short Breaks funding to support children with additional needs. The grants enabled us to employ playworkers, sports workers and chefs who all contributed to deliver a hugely successful summer scheme.

83 different children were able to access the service with an average of 50 children attending each day. Out of the 83 who came; 27 had additional needs, 6 were in LAC, 2 had 'Children in Need' plans, 3 had IBPs, 7 had 'My Family Plans' and 2 had 'Early Help' plans.



"I am undergoing chemotherapy treatment for breast cancer; things have been really difficult for me and the whole family. The playscheme provision has taken a huge burden off me by entertaining the children, it has given me a chance to rest and helped my children as they struggle with emotional issues and behaviour due to ASD and ADHD"

"The playscheme has taken the pressure off keeping my daughter entertained due to her special needs, I am very lucky to have this opportunity"



Support Services

Estates

In 2019/20 the Estates Department comprised of 8 members of staff that looked after 4 sites and 5 buildings across the Trust. This includes:

- Opening/Closing/Alarm Callouts
- Security of the buildings
- Dealing with all contractors e.g. Legionella testing, building contractors etc.
- Maintenance
- Cleaning
- Health & Safety
- Dual Use of the buildings

The Primary School was opened in January 2019, with major refurbishments carried out on the grounds and internally to make two new classrooms with space upstairs for another one in the near future. The **old Clifton School**, is being handed over to BCC, but before then we have had to clear all the rooms and solve the issues arising with the new build on the school site from BCC.

Total number of maintenance repairs carried out 1640, with the main types of repairs being small emergencies e.g. Leaks, repairing things that have been broken, doors that have been damaged, locks that needs replacing and broken or faulty light tubes etc. A total of approximately 2370 hours of cleaning was provided with £17,717 spent on cleaning products.

IT Support

- 1109 helpdesk tickets resolved 1st April 2019 – 31st March 2020
- Installed new multi-functional print devices around Trust, which helped to reduced printing cost by approx. 20% and environmental impact of printing by 40% by enforcing duplex printing as default
- Modernised the IT equipment in the Children's Centre by replacing the aging desktop computers and screens
- Rolled out new anti-virus and endpoint security onto Trust equipment to protect the network from malware
- Installed new Audio-Visual equipment which included a high definition projector and motorised screen to facilitate assemblies, school activities and meetings etc

Finance

This year shows a great improvement in the year end with a deficit of £105,538. Previous year end deficits have been

- 2018/19 (£231,566)
- 2017/18 (£273,796)
- 2016/17 (£384,760)
- 2015/16 (£336,676)

Overall Income has increased overall by £123,589 and Expenditure decreased by £2,439.

The main increase is from the schools, with Primary which has now been open for a full financial year, previous year was 2.5 months, and Secondary gaining more students and some year 11s staying on.

A significant partnership with The Active Wellbeing Society, who are funding the main running costs of the Farm has also contributed to improving the financials.

St Paul's Development Trust would like to thank all its partners and patrons who have supported and enabled us to continue to provide services for vulnerable children, young people and their families.

Together we're improving the lives of children today and long into the future.

Thank you



St. Paul's Community Development Trust

Registered in England & Wales No: 1429707

Charity Registration No. 508943
